NAVIGATING COVID-19

Guidance for Effective Response for Delaware's Child Care Programs



What should happen if a staff/child in my program tests positive for COVID-19?

- Staff/child should isolate & follow directions of healthcare provider and DPH Contact Tracer.
- Program must report the positive case to DPH at 1-888-295-5156.

What should happen if a staff/child in my program has symptoms of COVID-19?

- Staff/child should not come to the program.
- Staff/child should call healthcare provider and get tested for COVID-19.

What should happen if a staff/child in my program has been in "close contact" (within 6 feet for more than 15 minutes) with someone ...

..who has tested positive for COVID-19?

- Staff/child should selfquarantine.
- Staff/child should selfmonitor for symptoms.
- Staff/child should follow directions of healthcare provider and DPH Contact Tracer.

COVID-19?

- physical distancing.
- If the test was conducted due to exposure or symptoms,
 - If negative, they may return.
 - If positive, follow protocols.

..who has been in close contact with someone else who tested positive for COVID-19?

- Staff/child should selfmonitor for symptoms.
- Staff/child should practice physical distancing.
- Staff/child may continue to attend, as a close contact of a close contact does not need to quarantine.

..who might have been exposed?

- Staff/child should selfmonitor for symptoms.
- Staff/child should practice physical distancing.
- Staff/child may continue to attend program.

Program May Remain Open If

Program ensures that:

- Positive staff/child does not return until cleared by healthcare provider.
- Close contacts of positive staff/child do not return for 14 days after the last exposure to the positive person.
- Cleaning & disinfection occurs, following CDC guidelines.

HOW DO I...

Self-Quarantine?

- Stay home for 14 days after the last exposure to the positive person.
- Avoid contact with other people.
- Don't share household items.

Self-Monitor?

- Be alert for symptoms of COVID-19, especially a fever, dry cough, or shortness of breath.
- Take your temperature every morning and night.
- Call healthcare provider if you have trouble breathing or a fever.
- Call before seeking medical treatment.

Practice Physical Distancing?

- Stay 6 feet away from others whenever possible.
- Don't hug or shake hands.
- Wear face covering or mask when not able to physically distance.

...who is being tested for

- Staff/child should practice
- staff/child should not return until results are received.