### Coaching and Quality Improvement: How Does Program Quality Change Over Time?

Karen Ruprecht, Jim Elicker, Zachary Gold, and Aura Ankita Mishra

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### **Objectives**

Learn about Indiana's QRIS evaluation

 Share findings of provider and coach longitudinal study

Discuss what we are learning

## Overview of Indiana's QRIS Evaluation

• Phase I: Validation and Implementation Study

• Phase 2: Provider Focus Groups

- **Phase 3:** Currently underway
  - Provider Outcome Study (focus today)
  - Child Outcome Study
  - Parent Awareness Survey

### Indiana's QRIS: Paths to QUALITY

Level 4

Level 3

National Accreditation

Level 2

Planned Curriculum

Planned Curriculum

Level 1

Learning Environments

Learning Environments

Learning Environment s

Health and Safety

Health and Safety

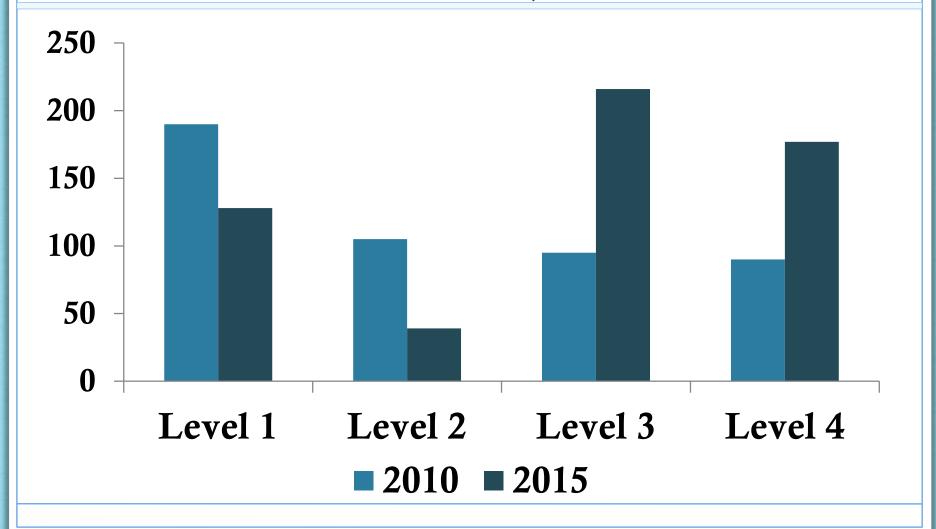
Health and Safety

Health and Safety

## Paths to QUALITY Incentives

- Level 1:
  - One time non-cash award \$50
- Level 2 and Level 3:
  - \$1,000 non-cash award to centers and ministries
  - \$300 non-cash award to homes
- Level 4:
  - \$1,500 one time award to centers and ministries; \$1,000 cash annual award for maintenance of Level 4
  - \$300 one time and annual award for homes
- **Tiered reimbursement** based on PTQ level

## Distribution of rated levels, licensed child care centers, 2010-2015



# Phase 1: Validation and Implementation Study

#### **Provider Findings:**

- Providers motivated to move up levels
  - 23% moved up at least one level after 6 months

• Level 2 providers were most likely to advance a level within 6 months (41%), followed by Level 1 providers (26%)

# Phase 2: Provider Focus Groups

• Goal: gain up-to-date, in-depth perspectives on providers' views and experiences in PTQ

- **Findings:** advancement requires a great deal of effort
  - Coaching is critical to advancement
  - Barriers: staff education level, staff training, coach continuity, time for documentation

### Phase 3: Provider Outcome Longitudinal Study (2 years)

• Is **PTQ** effective at providing T/TA to child care providers that helps them advance to higher quality levels?

• How is **PTQ advantageous** for providers?

• What are the best **predictors of provider** advancement in PTQ?

## Phase 3 Longitudinal Provider Study Sample Description

• 5 provider interviews with 179 randomly selected providers rated at Levels 1, 2, 3 over a two year period

• 3 coach interviews with provider's coach

• Interviews focus on plans to advance, provider-coach relationship, motivation to advance, types of assistance provided.

## After 4 years of QRIS operation: Are providers advancing levels?

- Mid-way through the 2 year study--
  - Interest in advancement remained high (75% from Time 1 compared to 69% at Time 3)
  - 26% of providers advanced at least 1 level in one year
  - 11% decreased levels or dropped out of PTQ from Time 1 to Time 3

## Why do providers want to advance?

- Parents are starting to look at PTQ levels and it is important to show parents I am providing quality care.
  - Home provider, Level 2
- Pride of knowing we are providing high quality care and having evidence to show parents.
  - Center director, Level 2
- The new dollar incentives for CCDF made all the difference.
  - Center director, Level 2

### Obstacles to Advancement

- The largest obstacle is staffing hiring new staff that have the education and training that is required of PTQ. Also, keeping current staff up to date with training hours.
  - Center director, Level 2

- We have long-standing staff so it can be difficult to motivate them to go to training or to get their CDA.
  - Ministry director, Level 1

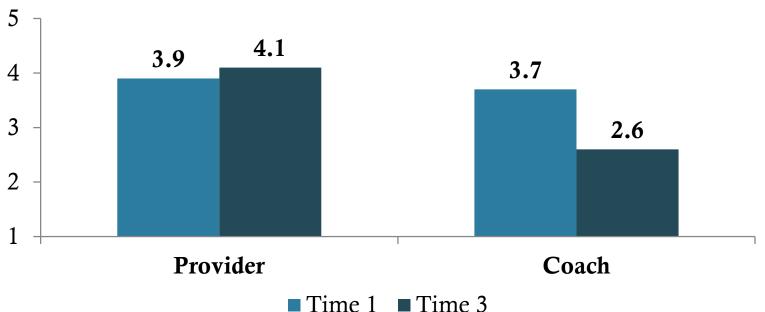
## Coach Perspectives on Advancement

	Time 1	Time 3
Likelihood of advancement in next 6 months	2.2	1.7
Provider engaged during coaching visits	3.2	3.1
Motivated to advance	2.7	2.6

1=not at all; 2=somewhat; 3=likely/engaged/motivated; 4=very likely/engaged/motivated

### Relationship Quality

How would you rate your relationship with your coach/provider?

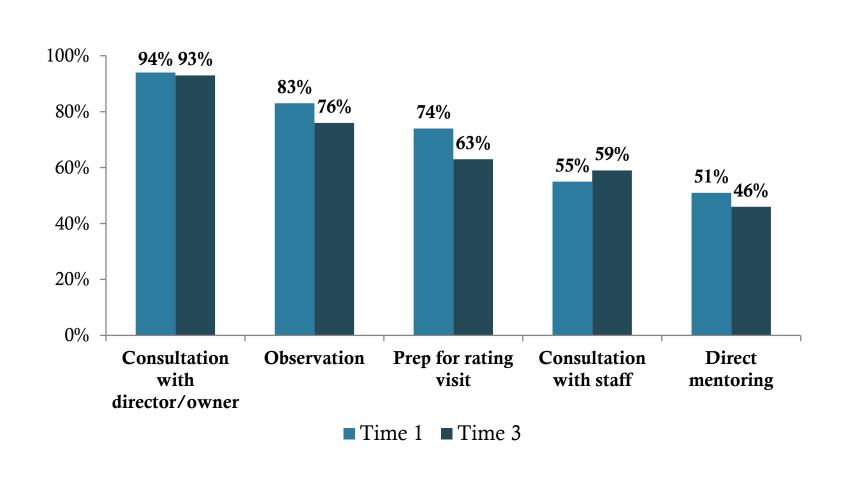


1= Poor; 2= Fair; 3= Good; 4= Very good; 5= Excellent

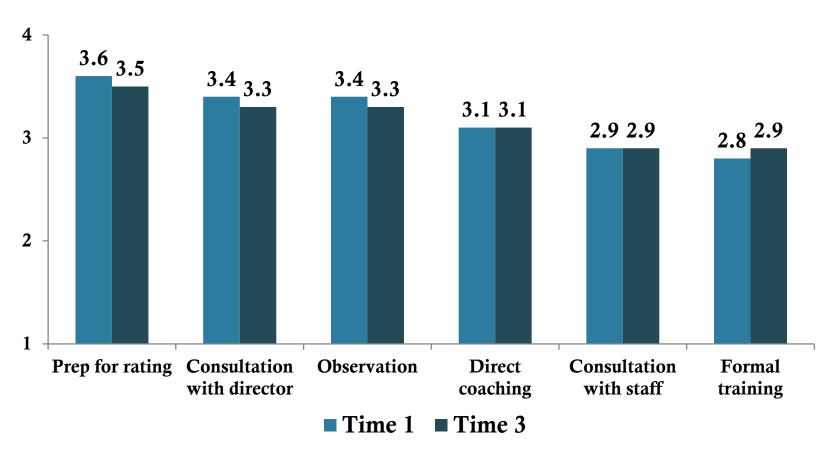
### **Coach Continuity**

- Half of providers reported coach changes between Time 1 and Time 3
  - 51 providers had coach changes due to staff changes
    - Represents 18 coaches total
  - 22 "natural" coach changes; providers increased levels
  - 19 changes due to site closing, no longer on PTQ, or no coach assigned

### Percentage of coaching strategies used with providers

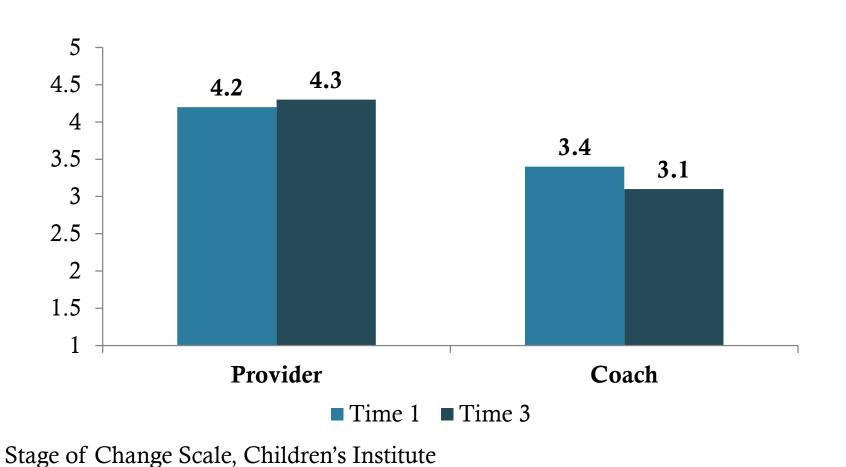


## What are effective coaching strategies?



1=not effective; 2=somewhat; 3=effective; 4=very effective

### Motivation to Change



## Potential Predictors of Provider Advancement

- Child care providers:
  - Education level
  - Motivation to change
  - Quality of coach relationship
  - Training hours within past 12 months
  - # of coach changes

#### • Coach:

- Provider's motivation to change
- Quality of the relationship

## Preliminary Results: What predicts provider advancement?

- Provider's motivation to change
- Provider relationship with their coach
- Training hours
- Coach reports of providers' motivation to change and relationship with providers non-significant or marginally significant
- Provider's education level did not predict advancement

### What are we learning?

- Coaching is an important element to QRIS
- Coaching continuity is important to providers
- Staff education and training are significant challenges
- Should more of coaches' attention be focused on working directly with teachers/caregivers?
- Future analyses will use improved data about amount and types of T/TA provided

### Questions?

Purdue evaluation research briefs, technical reports, and measures manuals:

www.cfs.purdue.edu/cff/publications/publications .html

Jim Elicker, elickerj@purdue.edu

Karen Ruprecht, ruprechk@purdue.edu