



FYSB Family & Youth
Services Bureau

Adolescent Pregnancy
Prevention Program

Tribal PREP: Grantee Challenges and Considerations Moving Forward

The Way Forward II: Measurement for Human
Service Programs in American Indian and Alaskan
Native Communities

Washington, DC

November 4, 2015

Marc Clark, Ph.D., ACYF/FYSB/APP



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Services Bureau

Adolescent Pregnancy
Prevention Program

Tribal Personal Responsibility Education Program (PREP)

Overview

APP Program Funding Streams

State PREP

\$43,700,632

Title V State Abstinence

\$50,000,000

Competitive PREP

**\$10,000,000 of available State PREP funding
(Florida, Indiana, North Dakota, Texas, Virginia, Guam,
American Samoa, Palau, Northern Mariana Islands,
Marshall Islands)**

Competitive Abstinence

\$4,600,000

Tribal PREP

\$3,250,000

PREP Innovative Strategies (PREIS)

\$8,200,000

Tribal Personal Responsibility Education Program

Funds Tribes' and Tribal communities' efforts to develop and implement comprehensive adolescent pregnancy prevention programs

- Number of 2015 Grantees: 15 Tribes/Tribal Organizations
- Grant Duration: 5 years
- FY 2015 Funding: \$3.25 million



Gaps in Data

Concerns

- Absence of data to document the needs of Tribal youth for pregnancy prevention and adult preparation subjects
- Gaps in models validated among AI/AN youth:
 - How can grantees adapt existing evidence based programs (EBP)?
 - Can we help identify **culturally appropriate** and **effective** programs or **promising practices** ?
 - What promising or emerging practices can be tailored to address specific needs discovered by local assessments?

Grantee Highlights

- **Intertribal Council of Arizona** adapted *It's Your Game Keep it Real* for middle school youth to include culturally appropriate images (e.g., Native youth in some of the videos).
- **Riverside San Bernardino County Indian Health** uses *Native STAND* (Students Together Against Negative Decisions), a promising curriculum previously piloted among Native youth.
- **Tewa Women United** is piloting *Discovery Dating* for youth ages 11-14.
- **Mooretown Rancheria of Maidu Indians** is implementing *Project AIM* for youth ages 11-14.

Challenges

- Rural isolation for some grantees adds to challenges (low density of trained professionals, high cost to train)
- Government sequester in past years reduced operating budgets
- Staffing among smaller programs is significantly impacted by turnover
- Absence of prevention curricula designed to serve AI/AN youth

Considerations

- Grantees indicate they valued:
 - Needs assessment planning year
 - Community readiness assessment training
 - Flexibility in operation and in working with Project Officers
 - “Face to face” training and in person TA
- Tribal Organizations may act as early adopters who facilitate diffusion of EBPs among Tribal populations
- Fit and selection: Finding an appropriate intervention or working with developers is a major challenge. Data collection strategies are needed to address this concern.



Tribal PREP: Using Performance Measures Data to Understand Implementation and Guide Program Improvement

Presentation at The Way Forward II: Measurement
for Human Service Programs in American Indian and
Alaskan Native Communities

Washington, DC
November 5, 2015

Susan Zief, Ph.D., Mathematica Policy Research

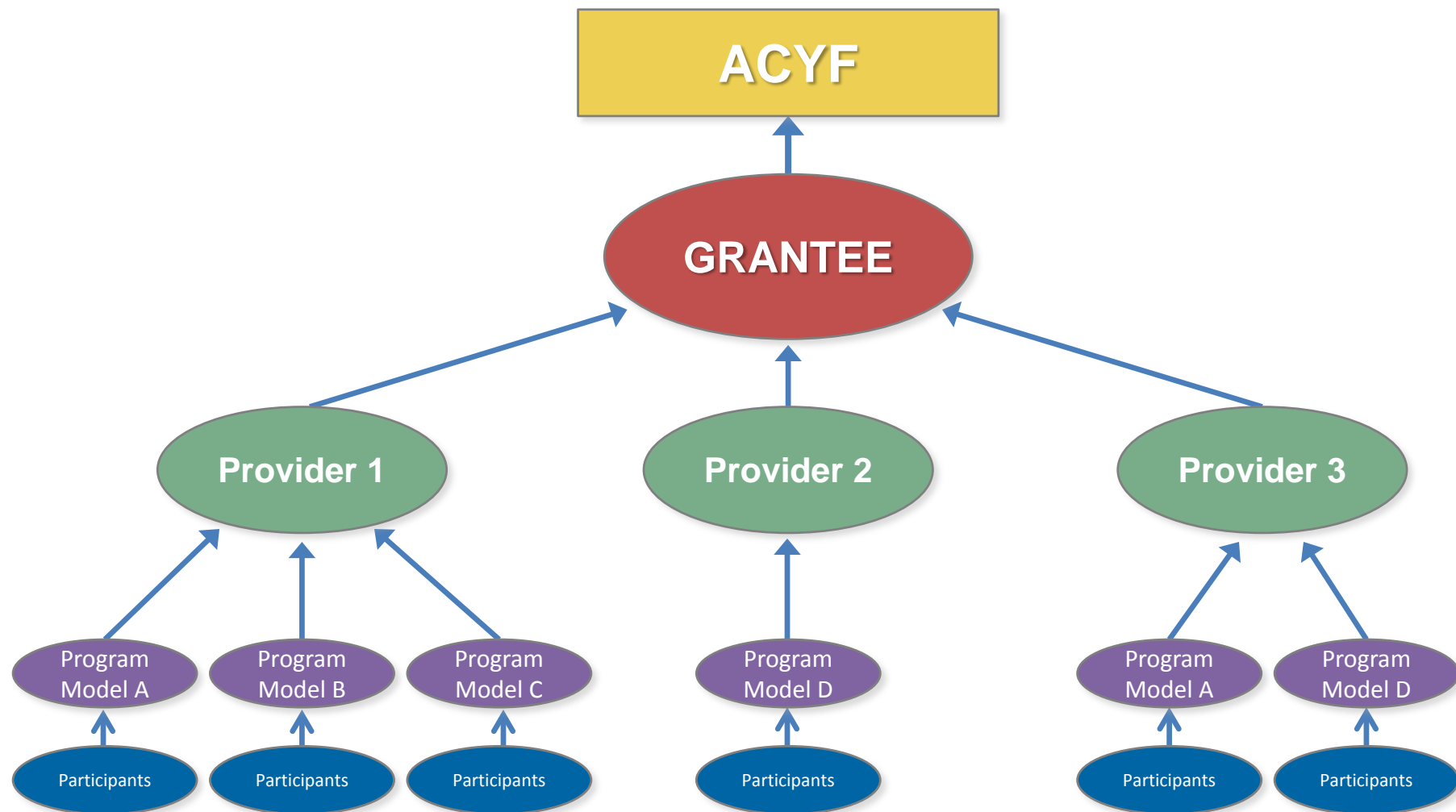


Overview of Measures

Three Categories of Performance Measures

- **Structure and support for program implementation**
- **Participant characteristics, perceptions of program experiences, perceptions of program effects**
- **Attendance, reach, and dosage**

Performance Measures Address Multiple Layers





Measures of Structure and Support for Implementation

GRANTEE

- **Extent to which grantee or its partners conducted trainings, provided technical assistance, and observed program to monitor quality and fidelity**
 - Yes/No Responses
 - Follow-up interviews with select PREP grantees on another study component explores this more in-depth

Measures of Structure and Support for Implementation

Provider

- **Whether provider served youth in the reporting period**
- **Number of facilitators working for the provider to deliver programs**
 - Number trained to deliver PREP program
 - Number observed
- **Implementation challenges and needs for technical assistance**

PROGRAM MODEL

- **Program name**
 - Intended dosage
 - Target populations
 - Adult preparation topics



Measures of Attendance, Reach, and Dosage

Program Attendance, Reach, and Dosage

PROGRAM MODEL

- **Number of youth who attended at least one program session**
 - Overall and by setting
- **Number of youth completing at least 75% of intended program hours**
- **Whether more than 50 percent of the youth served were from one or more vulnerable subpopulations**
 - Including adjudicated youth, youth in foster care or other institutions of care, living with HIV/AIDS, homeless or runaway, identified as LGBTQ, and pregnant and parenting



Measures from Participant Entry and Exit Surveys

Measures from Program Entry and Exit Surveys

Participants

- **Demographics**
 - Age, grade, ethnicity, race, gender
- **Sexual behaviors and orientation** (entry survey only)
- **Perceptions of program's effects on sexual behaviors**
- **Perceptions of program's effects on preparation for adulthood**
- **Perceptions of program quality**



Data Collection Exemptions: Addressing Grantee Concerns and Burden

Data Collection and Reporting Exemptions

- **Entry Survey**
 - Younger participants do not complete sensitive questions on entry survey
 - All youth in middle school programs exempt from the entry survey
- **Attendance, Reach, and Dosage**
 - No attendance collected on students in school-based, during school programs



Performance Measures Data Reporting

Performance Measures Reporting

- **Each measure reported in the aggregate**
 - No individual level data submitted
- **Optional Excel-based tools allow grantees to prepare data for reporting**
 - All required calculations and tabulations made in Excel-based tools
 - Use of Excel-based tools provide grantees with a “snapshot” of their reported measures
- **Annual performance measures reporting**
 - All measures reported once per year, and based on one full year of program provision
 - Appropriate timeline given that most programming happens in schools and TOP (9-month program) is one of the most popular models



Tribal PREP Performance Measures Findings: 2014-2015 Grant Year

As Tribal PREP Structure Grows, Needs Change

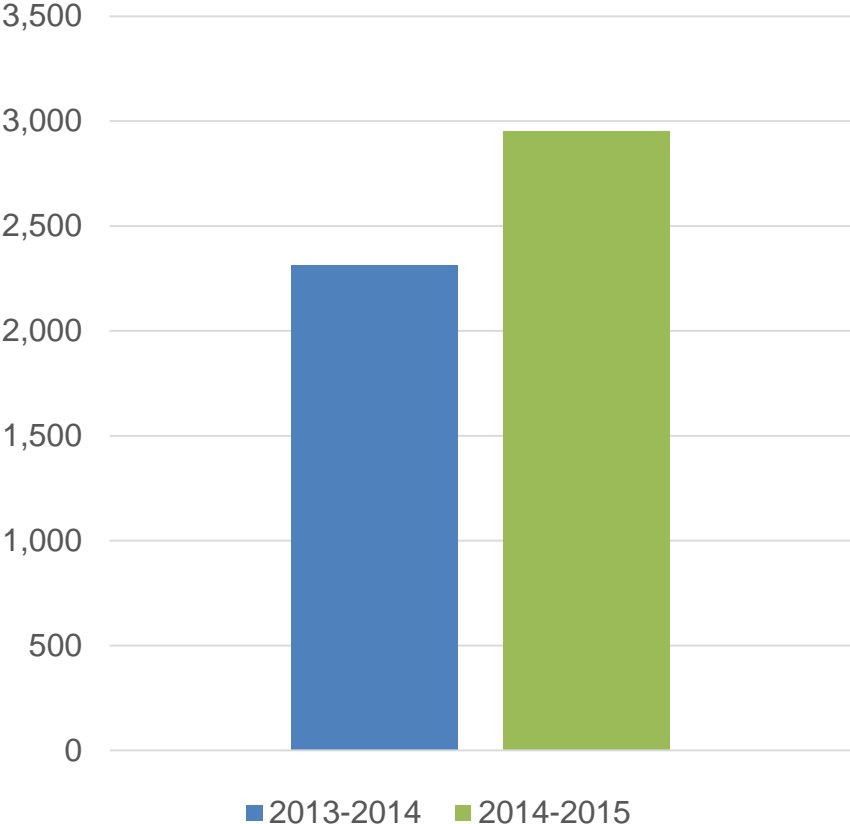
- Increasing number of providers and facilitators
 - 41 program providers (+5)
 - 92 program facilitators (+23)
 - 99 percent of all facilitators trained to deliver the program
- Technical assistance requests reflect maturing programs
 - Large reduction in the percentage of program providers that requested TA recruiting youth, getting them to attend regularly, and keeping them engaged
 - Providers request more assistance training facilitators (+ 16 percentage points) and minimizing negative peer interactions (+ 9 percentage points)

Tribal PREP Grantees' Support for Implementation

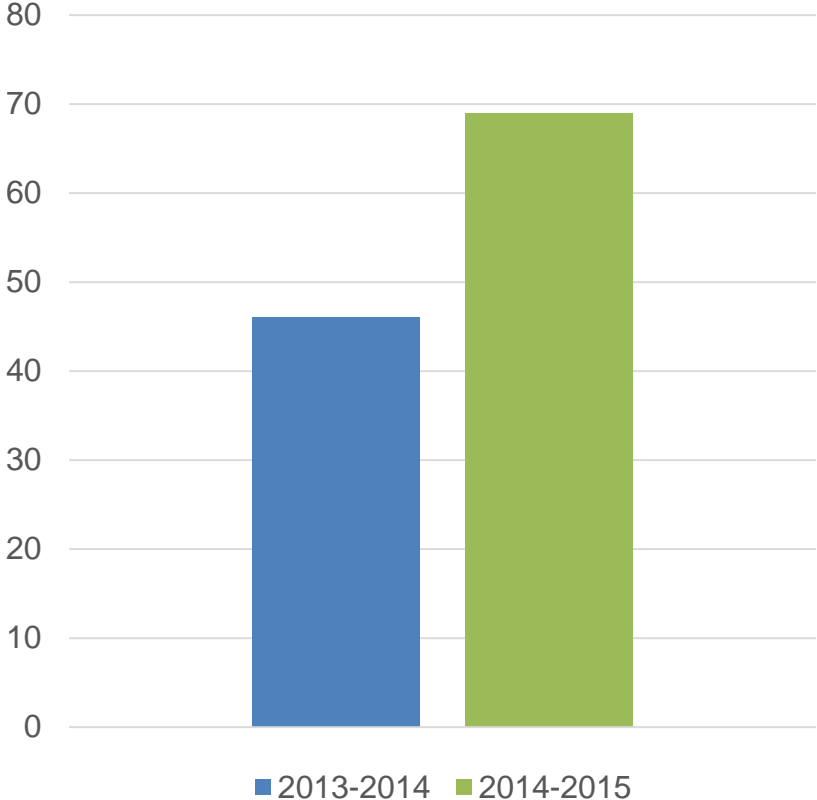
- **All grantees (or their designees) observed program delivery**
 - Not all providers were observed – 81 percent of all providers had any facilitators observed
 - 70 percent of all facilitators were ever observed
- **Most grantees (14 of 16) made training available to program providers**
- **Decrease in the number of grantees (or their designees) providing technical assistance**
 - 13 grantees (- 2)

Improving Reach and Dosage for Vulnerable Youth

Number of Youth Served

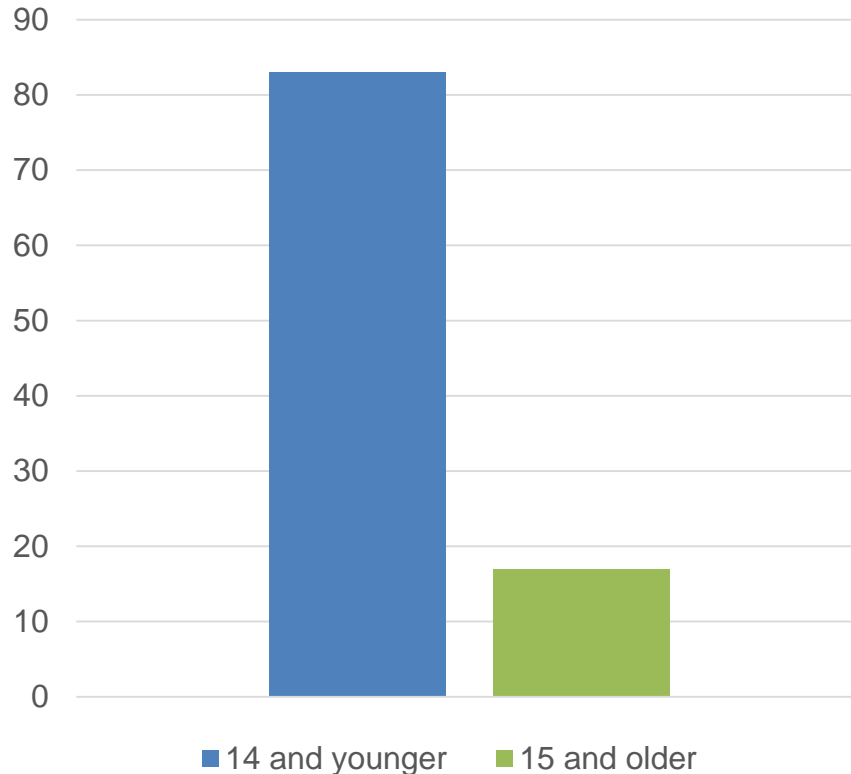


Percentage Completing at Least 75 Percent of Intended Dosage

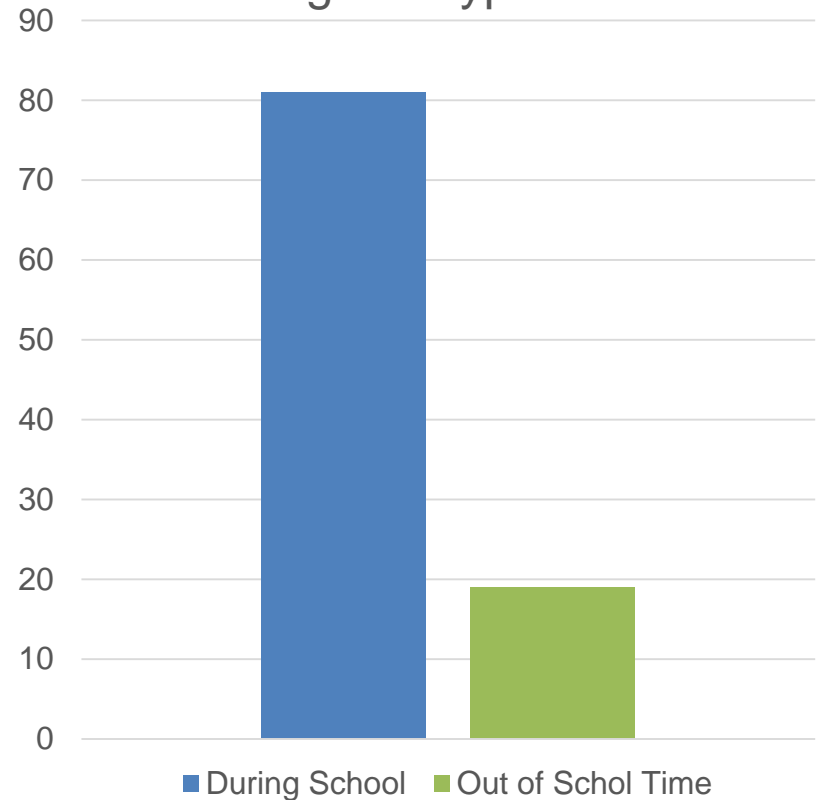


Tribal PREP Serving Younger Youth and During School

Percentage of Youth by Age Group



Percentage of Youth by Program Type



Tribal PREP Youth Report Changing Behaviors Due to Programs

Youth intentions towards sexual behavior at program exit	Percentage of Youth (2014-2015)
Much less or somewhat less likely to have sexual intercourse in next 6 months	76
Much more or somewhat more likely to use birth control if having sex in the next 6 months	63
Much more or somewhat more likely to use a condom if having sex in next 6 months	73
Much more or somewhat more likely to abstain from sexual intercourse in next 6 months	63



Tribal PREP Youth Respond Positively to Programs

Youth perception of the program at program exit	Percentage of Youth (2014-2015)
Youth were interested in program sessions and classes all or most of the time	61
Discussions or activities helped youth learn program lessons all or most of the time	78
Youth felt respected all or most of the time	82
Youth had a chance to ask questions about topics or issues that came up in the program all or most of the time	68
Youth felt picked on, teased or bullied in the program all little or none of the time	83

Tribal PREP Youth Feel Prepared for Adulthood

- **On average, 82 percent of youth respond “much more likely” or “somewhat more likely” to a series of items designed to measure constructs aligned with the PREP adulthood preparation subjects**
 - In particular, being able to “resist or say no to peer pressure”, “be respectful towards others”, “make plans to reach goals”, “make healthy decisions about drugs or alcohol”, and “be the best they can be”



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Caryn Blitz, Ph.D., ACYF/CO/ODARE



Grantee Challenges

Planning Efforts

- **Tribal PREP was not included in original TA contract**
- **Planning occurred for State PREP**

Performance Measures

- **Tribal PREP grantees' feedback was elicited but not used because the performance measures were already cleared and in use by State PREP grantees.**
- **Additional questions were not added that may have informed outcomes or issues important to the Tribal PREP grantees.**

Data Reporting System

- **Cost information: reporting cost information was problematic, but for all grantees.**
- **Program structure: the system was initially set up for State PREP; Tribal PREP grantees do not have subawardees.**
- **Missing data: the system couldn't distinguish legitimately missing data (e.g., sexual behavior questions are not asked of middle school students) from data that had yet to be entered.**



Changes Moving Forward

Data Reporting System

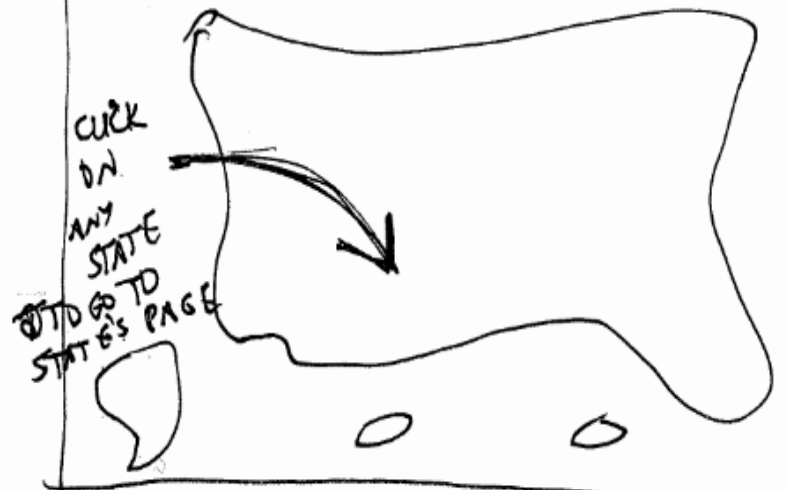
FYSB has plans to change how PREP performance measurement data are reported and used

- **All PREP grantees will be receiving grantee-level reports starting the beginning of 2016**
- **In advance of the next contract, we'll revise the performance measures**
 - **Elicit feedback from current grantees**
 - **Tailor/add a few questions of importance to Tribal grantees**
- **Provide “real-time” reporting and data dashboards**
- **Modify reporting from annual to biannual**
- **Use biannual data for program monitoring and improvement**



Data Dashboard Example:
Child & Family Services Review (CFSR)
Children's Bureau/ACYF

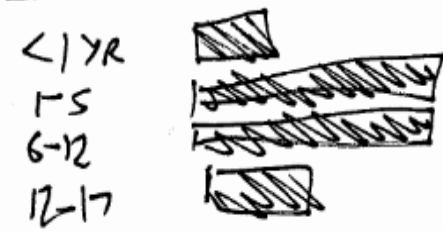
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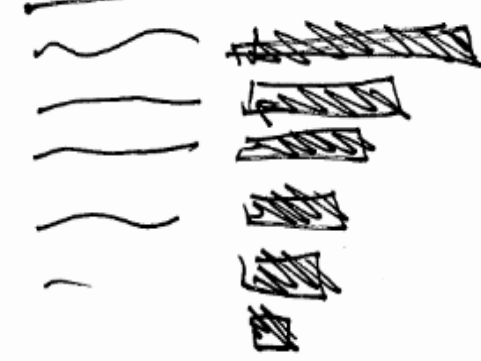
BY SEX



BY AGE AT EXIT

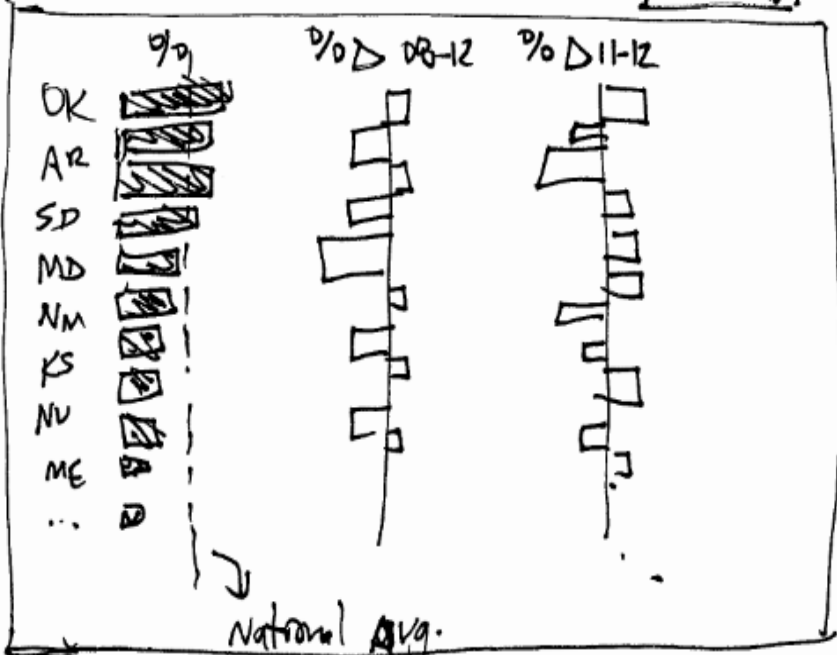


BY REASON FOR ENTRY



STATE BY STATE

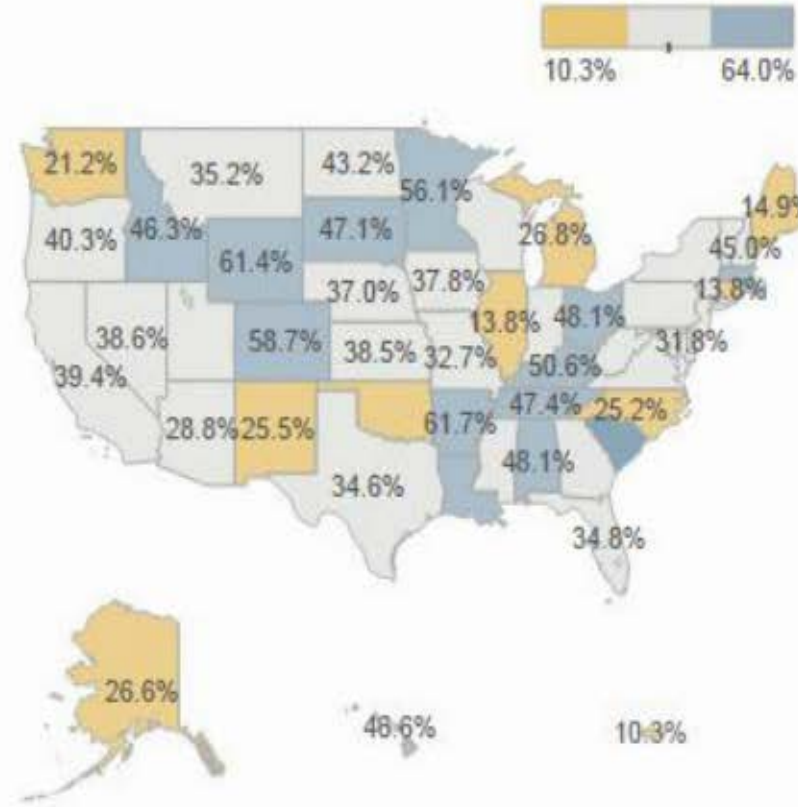
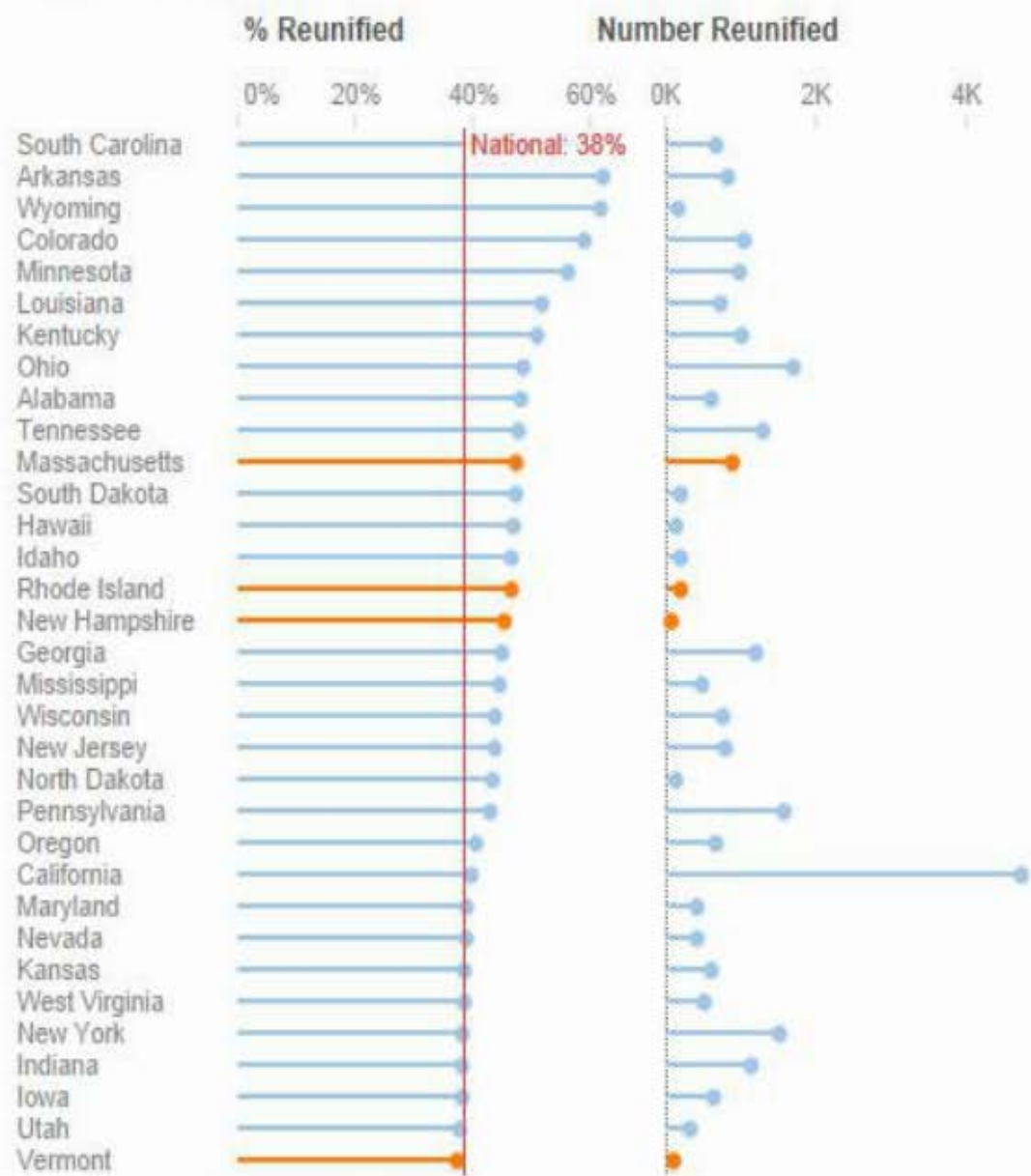
Select Region [Dropdown menu]



Measure Performance 2012 | Region 1

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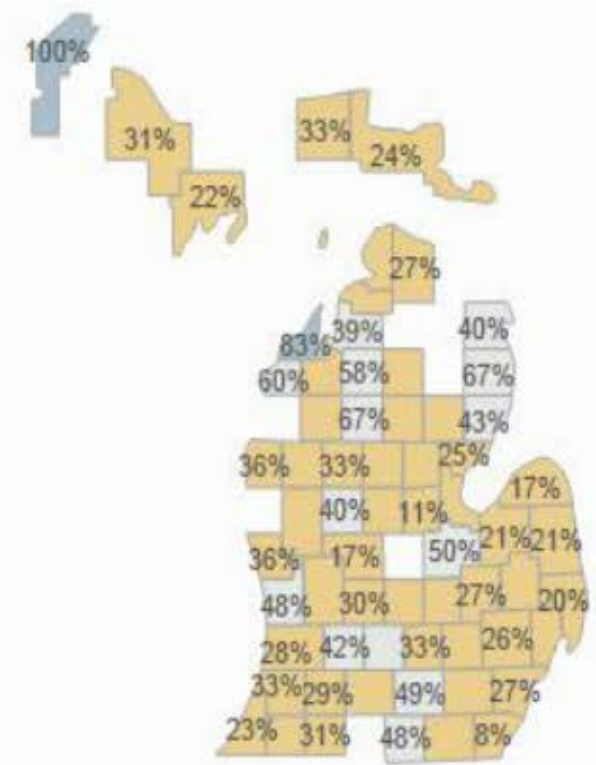
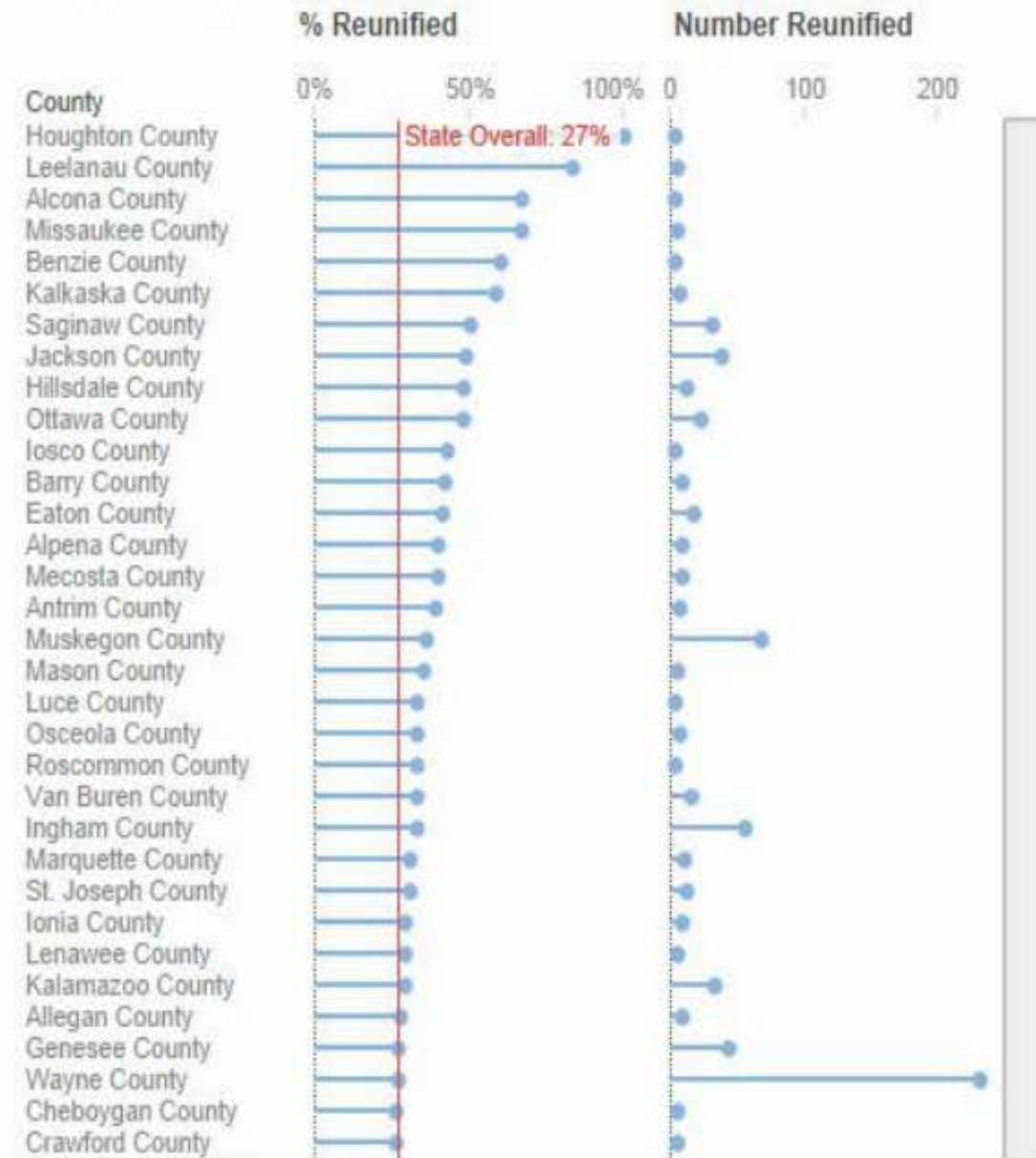
Of children entering foster care for the first time, what percent were reunified in less than 12 months?



Measure Performance 2012 | Michigan

[Main Menu](#)

Of children entering foster care for the first time, what percent were reunified in less than 12 months?



Counties with 0 cases are not shown.



Thank You!

Marc Clark
Susan Zief
Caryn Blitz

www.acf.hhs.gov/programs/fysb/programs/adolescent-pregnancy-prevention
